

Journal assignments are helpful pedagogical tools to include in your online course. By journal, we mean short, informal writings where individual students can record their thoughts, ideas, questions, and reflections on the materials assigned (i.e., readings, videos, etc.), and on their learning in the course. Journals can be occasional assignments on specific materials, or even weekly assignments to give students a chance to document the scope of their thoughts over several weeks or even the entire course. Journals are individual and private between the student and the instructor, and are not collaborative or peer review assignments, so that each individual student has the freedom and safety to share their personal thoughts. Since reflection opportunities are a requirement of the Distance Course Design Rubric-Version 3 (see Standard 3.10), it is important to consider the type of reflection assignment and the necessary technical steps as part of your course design process. Canvas, unlike Blackboard, does not have a dedicated "tool" in the course navigation for journal assignments; however, there are two technical options for creating a journal assignment.

The first option is to create an Assignment Group in the Assignment Tab on the Course Navigation menu.

- 1. Go to the top right of the Assignments page and click the "+Group" button. A pop-up titled, "Add Assignment Group" will appear along with a space to enter the name of the assignment group. Consider naming this assignment group something like "Journal Assignments" or "Reflection Assignments," something to designate it as informal, reflection-like assignments that are different from other writing assignments.
- 2.