

Keep groups consistent: Students may become anxious if they must work with people they have not interacted with or built rapport with. Consider having students convene with the same sets of peers for extended periods, so they get comfortable working together through challenging tasks.

Provide enough time: Student anxiety can be raised if they do not feel they have enough time to think about and fully engage with the questions. During student work time, be mindful to give students enough time to think about and respond to questions.

Resources

https://ccmh.psu.edu/annual-reports.

Cohen, Matthew, Steven G. Buzinski, Emma Armstrong-Carter, Jenna Clark, Benjamin Buck, and Lillian

5, no. 4 (2019): 265

77. https://doi.org/10.1037/st10000147.

Practices on Student Anxiety in Large-

5, no. 1 (June 12, 2018): 23. https://doi.org/10.1186/s40594-018-0123-6.

For more information or to discuss how you might incorporate these ideas into your courses, contact the Reinert Center by email at cttl@slu.edu.