



## Common causes of malnutrition in older persons

**M**edications<sup>1</sup>

**E**motion (*i.e.*, depression)

**A**norexia (nervosa or tardive), Alcoholism, Abuse (elder)

**L**ate-life paranoia or alcoholism

**S**wallowing disorders

**O**ral factors (see DENTAL on next page)

**N**o money, Nosocomial infections

**W**andering and other dementia-related behaviors

**H**yperthyroidism, Hyperparathyroidism, Hypoadrenalism, Hyperglycemia

**E**ntry problems/Malabsorption

**E**ating problems<sup>2</sup>

**L**ow-salt or low-cholesterol diet

**S**hopping and food prep problems, Stores

<sup>1</sup> Digoxin, theophylline, psychotropic drugs.

<sup>2</sup> Severe tremor, stroke, weakness.

