



Department of Orthopaedic Surgery  
Sports Medicine and Shoulder Service

## Shoulder Coracoid Transfer / Glenoid Bone Grafting For Glenohumeral Anterior Instability With Bone Loss Rehab Protocol Prescription

Patient Name:

Date:

Diagnosis: Glenohumeral instability with bone loss  
Frequency: 2-3 visits/week Duration: 4 months

### Post-operative Period

*0 to 1 month:*

*1 to 2 months:*

*2 to 4 months:*

